

## 59th INDIAN ORTHODONTIC CONFERENCE 2025



ALIGN SMILES - TRANSFORM LIVES

28th TO 30th NOVEMBER, 2025

RADISSON BLU RESORT, VISAKHAPATNAM

#### **SCIENTIFIC SCHEDULE**

SCIENTIFIC SCHEDULE						
DAY – 1, 28 <sup>th</sup> November, 2025						
	Dr. K. GA	NGADHARA PRASAD H	lall			
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	09:00 AM - 09:30 AM	DR. PRATHAPAN PARAYARUTHOTTAM	Beyond Indices: Bridging Objective Scores and Patient Perception in Orthodontics			
GUEST LECTURE	09:30 AM - 10:00 AM	DR. LT COLSAURABH BHATIA	Importance of diagnosis and treatment planning in alignment of malpositioned/impacted canines- A clinical perspective			
NATIONAL KEYNOTE	10:00 AM - 10:45AM	DR. S P SINGH	My Lifetime Experience with Cleft Patients			
IBO	10:45 AM – 10:55 AM	Dr. SALIL NENE	IBO Certification: An Overview			
IOS ORATION	11:00 AM – 12:00 PM	Dr. RITU DUGGAL	Shaping Smiles Through Time: The Journey of Functional Appliances			
INTERNATIONAL KEYNOTE	12:00 PM - 01:00 PM	DR. SERCAN AKYALCIN	Emerging Smart Technologies in Orthodontic practice.			
GUEST SPEAKER SPONSOR (DENTSPLY)	01:00 PM - 01:30 PM	DR. B S CHANDRASHEKAR	Title – Advancing Orthodontic Practice with SureSmile Aligners and the Clinical Impact of Digital Tools			
INTERNATIONAL KEYNOTE	01:30 PM - 02:30 PM	DR. RAVINDRA NANDA	Biomechanics and Material Advances with Shape Memory Aligners: An Evidence Based Presentation			
NATIONAL KEYNOTE	02:30 PM - 03:15 PM	DR. RAJAN K MAHINDRA	"Vertical Malocclusion: Etiology to Evidence Based Management"			
NATIONAL KEYNOTE	03:15 PM - 04:00 PM	DR. KALYANI TRIVEDI	Path of Resistance (the saga of mandibular impacted canine)			
INTERNATIONAL KEYNOTE	04:00 PM - 05:00 PM	DR. VANDANA KUMAR	Clinical Applications of Cone Beam CT in Orthodontics			
INAUGURATION CEREMONY						

DAY – 1 Dr. U.S. KRISHNA NAYAK Hall						
SESSION/ THEME	TIME	SPEAKER	ТОРІС			
GUEST LECTURE	09:30 AM - 10:00 AM	DR. MANU KRISHNAN	Light Weight, Lead Free Radiation Deterrence in Medical, Dental, Orthodontic, Radiology Practice and Beyond			
NATIONAL KEYNOTE	10:00 AM - 10:45 AM	DR. SIVAKUMAR ARUNACHALAM	Walking the Tightrope Between Innovation and Evidence: Mastering Balance in the Future of Orthodontics			
IOS ORATION	11:00 AM - 12:00 PM	Dr. RITU DUGGAL	Dr. K. GANGADHARA PRASAD Hall			
NATIONAL KEYNOTE	12:00 PM – 12:45 PM	DR. PRIYANK RAI	Marpe Unravelled			
PANEL DISCUSSION	12:45 PM - 01:30 PM	DR. PRITAM SHETTY DR. ARVIND SIVAKUMAR DR. APARNA	Team Approach to management of cleft maxillary hypoplasia			
GUEST LECTURE SPONSOR (ORMCO)	01:30 PM - 02:00 PM	DR. M S KANNAN	"Cutting-Edge Science and Technology in Optimizing Sensible and Ultra-Light Orthodontic Forces for Enhanced Biomechanical Efficiency and Holistic Periodontal Health"			
INTERNATIONAL KEYNOTE	02:00 PM - 03:00 PM	DR. PRASAD NALABOTHU	Aligning Smiles and Transforming Lives the Digital Way: AI, 3D Printing, and Virtual Reality in Cleft Orthodontics"			
INTERNATIONAL KEYNOTE	03:00 PM - 04:00 PM	DR. SATHPURUSH ALLAREDDY	Overview of Big Data and Artificial Intelligence Methods and their Applications in Quest for Personalized Orthodontic Care			
IBO	04:00 PM – 04:45 PM	IBO CO	NVOCATION			

DAY – 1 SARADAHall						
SESSION/ THEME	TIME	SPEAKER	ТОРІС			
GUEST LECTURE	09:45 AM - 10:15 AM	DR. ANAND N BADAVANNAR	"T-Scan-Guided Orthodontics in Management of Post-Surgical Occlusal disharmony" A case report			
NATIONAL KEYNOTE	10:15 AM - 11:00 AM	DR.ANGSHUMAN BHATTACHARYA	Mastering Complex Malocclusions with Clear Aligners			
IOS ORATION	11:00 AM - 12:00 PM	Dr. RITU DUGGAL	Dr. K. GANGADHARA PRASAD Hall			
PANEL DISCUSSION	12:00 PM - 12:40 PM	DR. AKSHAI SHETTY DR. JAYANTH B. S. Mrs. LAKSHMI G DR. KRISHNENDU DR. PRASAD N	Aligning Care: Orthodontics, Surgery & Speech Therapy in the Cleft Journey			
NATIONAL KEYNOTE	12:40 PM - 01:20 PM	DR. DHIVAKAR SELVARAJ	Cleft Orthodontics - Falls and Ups			
NATIONAL KEYNOTE	01:20 PM - 02:00 PM	DR. PRASANTHA G S	Hybrid Aligner Therapy			
GUEST LECTURE	02:00 PM - 02:30 PM	DR. REJI ABRAHAM	Redefining Orthodontic Philosophy: Airway-Centric Strategies for Complex Malocclusions Without Extractions			
GUEST LECTURE	02:30 PM - 03:00 PM	DR. ANIL THALIATH	Surgical Strategies and Long-Term Stability in Cleft Lip and Palate Correction			
NATIONAL KEYNOTE	03:00 PM - 03:45 PM	DR. AMEET VAMAN REVANKAR	Orthodontics Reimagined: Harnessing AI for Predictive Precision			
NATIONAL KEYNOTE	03:45 PM - 04:30 PM	DR. PAYAL SHARMA	Multidisciplinary management of ectopic/impacted teeth			

DAY-1						
SARAYU Hall						
SESSION	TIME	SPEAKER	TOPIC			
GUEST LECTURE	09:00 AM - 09:30 AM	DR. AKSHAY GUPTA	The Ortho-Factor: Journey Towards Clinical Excellence			
RISING STAR	09:40 AM - 10:00 AM	DR. KRUTIKA GAITONDE	New Age Technology Meets Orthodontics: A Multidisciplinary Perspective on Clear Aligner Therapy			
RISING STAR	10:00 AM - 10:20 AM	DR. SONAM SEHARAWAT	Inadequacies in Torque Implementation In Clear Aligners" – Limitation & Its Solution			
GUEST LECTURE	10:20 AM - 10:40 AM	DR. NITIN DINESH GADHIYA	Optimizing Vertical Dimension: Aligner- Based Orthodontic Solutions			
RISING STAR	10:40 AM - 11:00 AM	DR. DHRUV AHUJA	5D Orthodontics: Unlocking the Future from Dimensions to Decisions!			
IOS ORATION	11:00 AM - 12:00 PM	Dr. RITU DUGGAL	Dr. K. GANGADHARA PRASAD Hall			
GUEST LECTURE	12:00 PM - 12:30 PM	DR. ASHITH M V	The Geometry of Asymmetry: A 3D Analytical Approach to Pitch, Roll, and Yaw in Transverse, Sagittal, and Vertical Discrepancies			
GUEST LECTURE	12:30 PM - 01:00 PM	DR. DHAVAL FADIA	The Clear Aligner Checklist: A Biomechanical & Troubleshooting Roadmap to Predictable Treatment Outcomes			
GUEST LECTURE	01:00 PM - 01:30 PM	DR. AJAY KUBAVAT	Smiles, Science, and Sentience: Redefining Orthodontic Excellence with AI			
GUEST LECTURE	01:30 PM - 02:00 PM	DR. HRUSHIKESH APHALE	Use of 3D Printed Implant Placement Guide for Precise Placement of Infrazygomatic Crest (IZC) Screws			
GUEST LECTURE	02:00 PM - 02:30 PM	DR. AMIT NILGAR	Digitizing Dentistry: Tracking Skill Acquisition and Learning Curves in Extraoral and intraoral 3D Scanning			
GUEST LECTURE	02:30 PM - 03:00 PM	DR. ANADHA N GUJAR	Shifting Gears: Orthodontics on the Edge of Discovery			
NATIONAL KEYNOTE	03:00 PM - 03:45 PM	DR. SANDEEP SHETTY	Bone screws: Breaking Boundaries in Orthodontics			
GUEST LECTURE	03:45 PM - 04:15 PM	DR. M K ANAND	Challenges in treating premolar extraction cases with aligners: Clinical strategies and troubleshooting approaches			
GUEST LECTURE	04:15 PM - 04:45 PM	DR. PAVITHRA BAI. M	Redefining precision and efficiency in Orthognathic surgery through virtual surgical planning and 3d printing			
GUEST LECTURE	04:45 PM - 05:15 PM	DR. PREETI KULKARNI	Orthodontics Before the Teens: Prevention, Preparation and Precision			

	Competitive Paper CLINICAL - DAY 1 (28 <sup>th</sup> November 2025) - SESSION 1 (THANDAVA HALL)						
S.NO	TIME	Reg No.	Code	Title			
1	09:15 AM - 09:25 AM	362	PCC0002	Asymmetric Extractions in Orthodontics: A Strategic Approach			
2	09:25 AM - 09:35 AM	1459	PCC0005	Decision Making and Treatment Modalities in Class II Malocclusion: Evidence-Based Insights into Fixed, Removable, and Surgical Correctors Case Series			
3	09:35 AM - 09:45 AM	1366	PCC0009	Inverted Impacted maxillary incisor: A clinician's fear			
4	09:45 AM - 09:55 AM	320	PCC0011	Angles Class II Division 1 Subdivision Right Malocclusion Managed Without Extractions: A Tip-Edge Plus Approach			
5	09:55 AM - 10:05 AM	439	PCC0014	managing dynamic unstable occlusion in orthodonticcamouflage treatments: diagnostic and therapeutic considerations			
6	10:05 AM – 10:15 AM	248	PCC0016	"Rethinking Adult Skeletal Class III: Innovative Non-Surgical Treatment Strategies Case Reports "			
7	10:15 AM – 10:25 AM	120	PCC0022	Unlocking the Arch: Corrective Expansion and Canine Guidance in Post- Growth Patients Two Clinical Journeys			
8	10:25 AM – 10:35 AM	1001	PCC0024	Surgically Assisted Rapid Palatal Expansion in a Post-Traumatic Patient with Oligodontia: A Multidisciplinary Approach			
9	10:35 AM – 10:45 AM	950	PCC0027 Management of a case of Skeletal Class I & Dentoalveolar Class II Div 1 in a growing patient with functional appliance as an adjunct.				
10	10:45 AM – 10:55 AM	957	PCC0028	Does functional appliance treatment along with headgear really work? Long term evaluation of a case			
	11:00 AM – 12:00 PM			ORATION			
11	12:15 PM – 12:25 PM	918	PCC0034	Taming the Tongue and Lips: Functional Orthopedic Interventions to Redirect Craniofacial Growth A Case Series			
12	12:25 PM – 12:35 PM	746	PCC0041	Mangement of vertical maxillary excess without open bite in a skeletal Class II hyperdivergent patient.			
13	12:35 PM – 12:45 PM	932	PCC0042	comparative evaluation of the rate of maxillary canine retraction following piezocision and micro- osteoperforation			
14	12:45 PM – 12:55 PM	916	PCC0043	Segmental T-loop supremacy: Navigating severe crowding with biomechanical precision			
15	12:55 PM – 01:05 PM	48	PCC0046	Management of severe high angle and transverse discrepancy with anterior open bite malocclusion in an adult.			
16	01:05 PM - 01:15 PM	1187	PCC0047	Changes in Spine Curvature Evaluating Cepahlometrically After Functional Therapy with Activator			

	Competitive Paper RESEARCH - DAY 1 (28 <sup>th</sup> November 2025) - SESSION 4 (THANDAVA HALL)						
S.NO	TIME	Reg No.	Code	Title			
1	01:15 PM – 01:25 PM	1661	PCR0003	Occlusal Indices as Predictors of Skeletal Morphology in UCLP: A Comparative Evaluation of GOSLON and Modified Huddart Bodenham Scores			
2	01:25 PM - 01:35 PM	843	PCR0004	Residual Networks for Skeletal Age Assessment: Moving Beyond Conventional CNN Models			
3	01:35 PM - 01:45 PM	697	PCR0005	Assessment of hyoid and tongue position in a mandibular advancement cases treated surgically - A Cephalometric Study			
4	01:45 PM - 01:55 PM	1125	PCR0006	CORRELATION OF BOLTON INDEX WITH ARCH WIDTH IN URBAN POPULATION: A CBCT BASED STUDY			
5	01:55 PM – 02:05 PM	1024	PCR0007	Salivary Alkaline Phosphatase and Cortisol as Non-Invasive Biomarkers for Skeletal Maturity: A Comparative Radiographic Study			
6	02:05 PM – 02:15 PM	136	PCR0009	When Your Smile Status Predicts Your Systemic Status-Decoding the Silent Link Between Missing Teeth and Hidden Cancers			
7	02:15 PM – 02:25 PM	1031	PCR0010	Glide mode on: The Nano Leap in Orthodontics			
8	02:25 PM – 02:35 PM	1365	PCR0012	CO-RELATION BETWEEN FACIAL PATTERN AND MIDPALATAL SUTURE MATURATION - A RADIOGRAPHIC STUDY			
9	02:35 PM – 02:45 PM	1293	PCR0014	A CEPHALOMETRIC AIRWAY ANALYSIS OF DIFFERENT MAXILLARY AND MANDIBULAR SAGITTAL POSITIONS IN MITHILANCHAL POPULATION			
10	02:45 PM – 02:55 PM	1020	PCR0017	STRONGER THE SECOND TIME? - COMPARISON OF SHEAR BOND STRENGTH OF VARIOUS IN-OFFICE BRACKET RECYCLING METHODS			
11	02:55 PM – 03:05 PM	1119	PCR0025	Understanding the Natural Shape of Dental Arches in Our Population: Why It Matters for Better Orthodontic Results			
12	03:05 PM - 03:15 PM	24	PCR0027	Tonsils, Tongue & Teeth: The unseen Tug-of-War			
13	03:15 PM - 03:25 PM	1036	PCR0028	pcr based comparative evaluation of microbial contamination between essix and hawley's retainers			
14	03:25 PM – 03:35 PM	942	PCR0034	Correlation between the skeletal changes induced by maxillary expansion and protraction with dental parameters, soft tissue dimensions and pharyngeal airway dimensions in pre-pubertal patients			
15	03:35 PM – 03:45 PM	956	PCR0035	Ortho Voices India: Align Curriculum-Transform Lives: A Mixed-Method Delphi Study Using Expert Podcast Interviews to introspect Orthodontic Education			
16	3:45 PM – 3:55 PM	935	PCR0038	PHARYNGEAL AIRWAY ANALYSIS IN DIFFERENT SKELETAL MALOCCLUSIONS IN MIXED INDIAN POPULATION: A CROSS SECTIONAL STUDY•			
17	3:55 PM – 4:05 PM	914	PCR0040	Evaluation of skeletal maturation with fractal dimension			
18	4:05 PM – 4:15 PM	922	PCR0041	RADIOGRAPHIC EVALUATION OF CRANIOFACIAL MORPHOLOGICAL FEATURES OF PATIENTS WITH PALATALLY IMPACTED CANINE: A RADIOGRAPHIC STUDY			
19	4:15 PM – 4:25 PM	13	PCR0042	Comparison of the effectiveness of fluoride varnish and fluoride-releasing adhesives in preventing and managing white spot lesions during fixed orthodontic treatment, and evaluation of patient-reported			
20	4:25 PM – 4:35 PM	867	PCR0044	EVALUATION OF ALVEOLAR CORTICAL BONE DENSITY IN MIXED INDIAN POPULATION WITH DIFFERENT FACIAL TYPES			

	Competitive Paper CLINICAL - DAY 1 (28 <sup>th</sup> November 2025) - SESSION 2 (GOSTHANI HALL)						
S.NO	TIME	Reg No.	Code	Title			
1	09:15 AM - 09:25 AM	1124	PCC0001	Effects of Pre-Surgical Nasoalveolar Molding On Nasolabial AestheticsIn Patients with Cleft Lip And Palate			
2	09:25 AM - 09:35 AM	391	PCC0003	Pitch, Roll, Yaw A Virtual Surgical Plan Guide for skeletal class III- A Case Series			
3	09:35 AM - 09:45 AM	1338	PCC0004	Crafting Smiles through Biomechanics: The Tale of Friction and Frictionless Mechanics Case Reports			
4	09:45 AM - 09:55 AM	567	PCC0006	"Advances in Maxillary Expansion: U-MARPE in Unilateral Cleft Palate Patients".			
5	09:55 AM-10:05 AM	494	PCC0008	Ortho-surgical management of the impacted mandibular molars with ramus screws.			
6	10:05 AM – 10:15 AM	361	PCC0018	To determine the effect of micro osteoperforation on the rate of maxillary canine retraction An in vivo study			
7	10:15 AM – 10:25 AM	95	PCC0025	MISK -9 MINI IMPLANT SUPPORTED CANINE SPRING			
8	10:25 AM – 10:35 AM	926	PCC0029	Management of a hyper-divergent anterior open bite with bimaxillary dento-alveolar protrusion by all third molar extractions using a mid- palatal TAD and infra zygomatic, buccal shelf screws- A Case Report			
9	10:35 AM – 10:45 AM	551	PCC0030	Freeing the Fangs: A Game-Changing Approach to Manage Impacted Canines with Infrazygomatic Crest Screws - A CASE SERIES			
10	10:45 AM – 10:55 AM	971	PCC0032	ORTHO-SURGICAL MANAGEMENT OF SKELTAL CLASS III MALOCCLUSION			
	11:00 AM – 12:00 PM			ORATION			
11	12:15 PM – 12:25 PM	463	PCC0035	Micro meets Macro: Impact of Bone Screws on Othodontic Outcomes in Complex Cases			
12	12:25 PM – 12:35 PM	393	PCC0037	LONG-TERM STABILITY OF ORTHO-SURGICAL MANAGEMENT OF SKELETAL CLASS III MALOCCLUSION: A CASE SERIES WITH A FIVE-YEAR FOLLOW-UP			
13	12:35 PM – 12:45 PM	929	PCC0040	Non-surgical and surgical approach for occlusal cant correction: Case reports			
14	12:45 PM – 12:55 PM	536	PCC0050	Skeletal Class III Camouflage using TADs Overcoming Anatomic Limitations			
15	12:55 PM – 01:05 PM	688	PCC0048	Managing Adult Cleft Cases: An Orthodontic Perspective on Camouflage and Surgical Interventions			
16	01:05 PM - 01:15 PM	443	PCC0049	Braces Beyond Aetthetics: Fixed appliance therapy in Cleft LIP and PALATE Patients			

S.NO	TIME	Reg No.	Code	Title
1	01:15 PM – 01:25 PM	852	PCR0001	Comparative evaluation of Cephalometric analyses performed using different AI Models and Manual method by Orthodontists
2	01:25 PM – 01:35 PM	1033	PCR0008	Optimizing accuracy of 3D-printed dental models: The role of shell thickness and print orientation
3	01:35 PM – 01:45 PM	1362	PCR0013	Assessment of scanning techniques and print layer heights on the dimensional trueness of three-dimensional printed orthodontic models
4	01:45 PM – 01:55 PM	915	PCR0020	Evaluation of Bisphenol-A release and change in Surface Morphology of Two different Clear Aligner Attachments with various mouthwashes: An in-Vitro Study
5	01:55 PM – 02:05 PM	853	PCR0029	Effective usage of smartphones in enhancing oral hygiene compliance in orthodontic patients: a randomized clinical controlled trial
6	02:05 PM – 02:15 PM	TR4343	PCR0030	Direct 3D-Printed Orthodontic Aligners: Insights into Polymerisation Kinetics and Biocompatibility
7	02:15 PM – 02:25 PM	2	PCR0031	"Comparative Evaluation of the Accuracy and Reliability of Artificial Intelligence Supported, App - Aided and Manual Cephalometric Analysis for Orthodontic Diagonsis".
8	02:25 PM – 02:35 PM	960	PCR0033	Fingertips Dont Lie: An Artificial Intelligence-Based Dermatoglyphic Analysis for Predicting Craniofacial Growth Patterns in Different Skeletal Malocclusions.
9	02:35 PM – 02:45 PM	19	PCR0045	Comparative Analysis of Reliability and Reproducibility of Four iPhone- Based 3D Facial Scanning Applications against Physical Anthropometric Measurements
10	02:45 PM – 02:55 PM	1520	PCR0046	Espial of Patients Predilections Regarding Digital and Conventional Impression Techniques: KYC For Patient Centered Orthodontic Care.
11	02:55 PM – 03:05 PM	407	PCR0047	Revitalizing Enamel: In Vitro Study of Fluoride Nanoparticle-Coated Dental Aligners
12	03:05 PM – 03:15 PM	462	PCR0018	evaluation and comparison of andrews element ii of oro-facial harmony as a treatment objective in petients treated with fixed appliances and clear aligners
13	03:15 PM – 03:25 PM	6	PCR0037	A COMPARATIVE ASSESSMENT OF ORAL HEALTH RELATED QUALITY OF LIFE AND ANXIETY IN PATIENTS UNDERGOING ORTHODONTIC TREATMENT WITH CLEAR ALIGNER THERAPY AND FIXED APPLIANCE
14	03:25 PM – 03:35 PM	913	PCR0048	Finite Element Analysis of Composite Attachment Designs for Efficient Canine Movement with Clear Aligners"

	Competitive Paper CLINICAL - DAY 1 (28 <sup>th</sup> November 2025) - SESSION 3 (VARAHA HALL)						
S.NO	TIME	Reg No.	Code	Title			
1	09:15 AM - 09:25 AM	299	PCC0007	"Moving forward by moving back,"			
2	09:25 AM - 09:35 AM	110	PCC0013	Normal occlusion is still a fundamental of Orthodontic treatment			
3	09:35 AM - 09:45 AM	392	PCC0015	Gonial Angle Reduction-The New Frontier			
4	09:45 AM - 09:55 AM	1230	PCC0019	Paediatric Obstructive Sleep Apnoea: An Orthodontist Perspective			
5	09:55 AM – 10:05 AM	790	PCC0021	FAMILIAL CASES OF WOLF-HIRSCHORN SYNDROME OROFACIAL MANIFESTATIONS AND ORTHODONTIC MANAGMENT			
6	10:05 AM – 10:15 AM	986	PCC0026	Orthodontists ball game: OSA - Growth Modification / MADs / Orthognathic Surgery			
7	10:15 AM – 10:25 AM	959	PCC0036	"Hope for the Hidden: A Journey through Complex Tooth Impactions"			
8	10:25 AM – 10:35 AM	955	PCC0038	EFFICACY OF ULTRASOUND THERAPY FOR ORTHODONTIC PAIN CONTROL- A PILOT CLINICAL TRIAL			
9	10:35 AM – 10:45 AM	54	PCC0039	Shift and Drift: what an orthodontist can gift!			
10	10:45 AM – 10:55 AM	274	PCC0044	Neuromuscular Orthodontics			
	11:00 AM – 12:00 PM			ORATION			
11	12:15 PM – 12:25 PM	873	PCC0045	Missing Dentition: An Orthodontic Quagmire			
12	12:25 PM – 12:35 PM	419	PCC0010	AN IN VITRO ASSESSMENT OF ORTHODONTIC BRACKET BONDING ACCURACY: DIRECT TECHNIQUES WITH AND WITHOUT OPTICAL MAGNIFICATION VERSUS DIGITALLY SIMULATED BONDING.			
13	12:35 PM – 12:45 PM	1139	PCC0012	Evaluation of Genotoxicity of Invisalign and Graphy aligners on the Buccal Mucosa			
14	12:45 PM – 12:55 PM	1290	PCC0017	Faulty Cosmetic Smile Designing Treatment - A Quagmire in Orthodontic Re- treatment: Clinical Solutions			
15	12:55 PM – 01:05 PM	931	PCC0031	Analysis of Salivary pH Dynamics with PETG, PU, and Polypropylene- Based Clear Aligners: A long - term Clinical Investigation			
16	01:05 PM - 01:15 PM	968	PCC0033	Clinical utility of 3D virtual planning and splint Fabrication in complex orthogoathic cases			
17	01:15 PM – 01:25 PM	472	PCC0020	Improving patient comfort in orthodontics with laser application			

#### Competitive Paper RESEARCH - DAY 1 (28<sup>th</sup> November 2025) - SESSION 6 (VARAHA HALL)

	<u> </u>			
S.NO	TIME	REG.NO	CODE	TITLE
1	01:40 PM - 01:50 PM	50	PCR0016	Preliminary evaluation of continuous ligation technique during levelling and aligning-A Randomised control trial
2	01:50 PM - 02:00 PM	1297	PCR0019	Comparative Evaluation of Efficacy of Three Removable Orthodontic Retention Appliances in Maxillary Arch A Prospective Clinical Trial
3	02:00 PM - 02:10 PM	636	PCR0021	Micro-osteoperforation as an adjunct tool for reactivation of a preactivated site in accelerating the rate of orthodontic tooth movement - A randomized controlled trial
4	02:10 PM – 02:20 PM	38	PCR0022	Fast but Not Furious: Accelerated En-masse Retraction with Low- Intensity Laser Therapy
5	02:20 PM - 02:30 PM	425	PCR0032	Investigating the Role of PAX7, SATB2, and BMP4 Gene Variants in Non-Syndromic Cleft Lip and Palate: A Case-Parent Trio Study in Indian Families
6	02:30 PM - 02:40 PM	869	PCR0043	Comparison of used and unused stainless steel and titanium mini- implants for surface and elemental changes after orthodontic treatment
7	02:40 PM – 02:50 PM	772	PCR0039	A COMPARATIVE STUDY OF ARCH WIDTH IN EXTRACTION AND NON- EXTRACTION TREATMENT OF CLASS I AND CLASS II MALOCCLUSION•
8	02:50 PM - 03:00 PM	952	PCR0036	Comparison of treatment duration and pain perception with K9 spring and Mini-implant supported K-9 spring (MISK-9) for palatally impacted canines: A retrospective study
9	03:00 PM - 03:10 PM	988	PCR0024	Comparative Evaluation of differential efficacy of Low and High Vibration frequency on tooth movement acceleration: A Randomized Controlled Trial
10	03:10 PM - 03:20 PM	103	PCR0023	A FEM Analysis to Evaluate Efficiency of Midline vs Bilateral Miniscrews with Clear Aligners for Intrusion of Maxillary Anterior.
11	03:20 PM – 03:30 PM	370	PCR0002	A novel method for the prediction of mandibular canine impaction using panoramic radiographs - A prospective study
12	03:30 PM – 03:40 PM	1368	PCR0011	When Medications Meet Mechanics: The Impact of PPIs and H2 Blockers on Adult Orthodontics
13	03:40 PM – 03:50 PM	1306	PCR0015	PILOT TESTING AND HISTOMORPHOMETRIC EVALUATION OF A NOVEL MINI-IMPLANT SYSTEM (HBN)
14	03:50 PM – 04:00 PM	626	PCR0026	COMPARISON OF EFFECTIVENESS, DURATION AND PATIEN TS SATISFACTION OF BOTULINUM TOXIN -A AND HYALURONIC FILLER IN THE TREATMENT OF GUMMY SMILE : AN IN-VIVO STUDY

DAY 1	(28 <sup>TH</sup> NOVEMBER 2025)	- SESSION 9
DAIT	20 NOVENDER 2023	

	DATI (28 NOVEWBER 2025) - SESSION 9					
SNO		REG NO	CODE	TOPIC		
1.		1521	POCC0001	AN INTERESTING PRESENTATION OF TRIO OF COMPOUND ODONTOMA, IMPACTED LATERAL INCISOR AND IMPACTED CANINE.		
2.		593	POCC0002	INTERDISCIPLINARY MANAGEMENT OF AN ADULT CLEFT LIP AND PALATE PATIENT: CASE REPORT		
3.		594	POCC0003	MANAGEMENT OF SEVERE CLASS III SKELETAL DEFORMITY: AN ORTHO-SURGICAL APPRAOCH		
4.		845	POCC0004	FROM ERROR TO EXCELLENCE: CLINICAL SOLUTIONS FOR COMMON BIOMECHANICAL PITFALLS IN DENTOALVEOLAR OPEN BITE CORRECTION		
5.		579	POCC0005	TEAMWORK MAKES THE DREAM WORK: THE INTERDISCIPLINARY EDGE IN ORTHODONTIC PLANNING		
6.		939	POCC0006	DENTOALVEOLAR DISTRACTION WITH MANDIBULAR HYRAX: A NEW VISTA		
7.		875	POCC0007	MANAGEMENT OF CLASS III MALOCCLUSION IN ADOLESCENCE: TREATMENT DILEMMA		
8.	00.45.444	1511	POCC0008	INTERDISCIPLINARY MANAGEMENT OF A PATIENT WITH A BILATERAL CLEFT LIP AND PALATE WITH UNILATERALLY COLLAPSED MAXILLARY ARCH, TRANSVERSE AND VERTICAL SKELETAL DEFECT – A CASE REPORT		
9.	09.15 AM -	1211	POCC0009	MULTIDISCIPLINARY MANAGEMENT OF PRIMARY FAILURE OF ERUPTION IN A SKELETAL CLASS III PATIENT: A CASE REPORT		
10.	11.00 AM	165	POCC0010	MANAGEMENT OF ASYMMETRIC EXTRACTION CASES WITH LINGUAL ORTHODONTICS		
11.		238	POCC0011	WEAR RESISTANCE OF CLEAR ALIGNER ATTACHMENTS: A COMPARATIVE MICRO CT ANALYSIS OF TWO DIFFERENT COMPOSITE RESINS AND DIFFERENT ATTACHMENT SHAPES		
12.		1037	POCC0013	TRANSFORMING SMILES BEYOND ALIGNMENT: AN INTERDISCIPLINARY ORTHO- AESTHETIC APPROACH TO MANAGING COMPLEX CLASS II MALOCCLUSION IN AN ADULT		
13.		490	POCC0015	ASSESSMENT OF MICROBIAL PROFILE AND BIOFILM FORMATION ASSOCIATED WITH DIFFERENT ORTHODONTIC APPLIANCES: A CLINICAL TRIAL		
14		93	POCC0016	EFFECT OF MINI IMPLANT SUPPORTED MICRO-OSTEOPERFORATION VS LOW LEVEL ENERGY LASER ON RATE OF ORTHODONTIC TOOTH MOVEMENT- A SPLIT MOUTH DESIGN STUDY.		
15		144	POCR0001	CLEAR ALIGNERS, CLEANER PRACTICES: ARE OUR DISPOSAL PROTOCOLS UP TO STANDARD?		

# **DAY 1 (28<sup>TH</sup> NOVEMBER 2025) - SESSION 10**

SNO		REG NO	CODE	TOPIC
1.		530	POCR0005	ACCURACY AND RELIABILITY OF VIRTUAL ORTHODONTIC SETUPS IN CLEAR ALIGNER THERAPY: A CRITICAL APPRAISAL
2.		1258	POCR0012	ASSESSING THE ROLE OF BILINGUAL ATTACHMENTS IN MAXILLARY CANINE ALIGNMENT DURING CLEAR ALIGNER THERAPY: A FINITE ELEMENT METHOD-BASED STUDY
3.		675	POCR0021	BEYOND THE MOLD: CHARTING THE PREDICTABILITY FRONTIER IN CLEAR ALIGNER THERAPY A COMPARATIVE CLINICAL INVESTIGATION OF THERMOFORMED VERSUS DIRECT 3D PRINTED ALIGNERS
4.		387	POCR0022	COMPARATIVE EVALUATION OF OPTICAL PROPERTY CHANGES IN DIRECT PRINTED ALIGNERS USING TWO RESINS: AN IN VIVO INVESTIGATION
5.		1029	POCR0024	COMPARATIVE EVALUATION OF CYTOTOXICITY OF VARIOUS CLEAR ALIGNERS: AN IN-VITRO STUDY
6.	12.15 PM	468	POCR0026	TO DETERMINE THE EFFECT OF MATERIAL FATIGUE OF ALIGNERS IN ORAL ENVIRONMENT AND TO DESCRIBE AND QUANTIFY THE TYPE AND AMOUNT OF ORTHODONTIC TOOTH MOVEMENT PRODUCED BY CLEAR ALIGNERS
7.	- 02.45 PM	654	POCR0028	COMPARATIVE EVALUATION OF EXPECTED AND ACTUAL TREATMENT OUTCOME FOR OVERJET AND OVERBITE WITH CLEAR ALIGNERS
8.	02.10	670	POCR0030	ALIGNING MORE THAN JUST TEETH: THE IMPACT OF CLEAR ALIGNERS ON JAW MUSCLE FUNCTION - A PRISMA- COMPLIANT SYSTEMATIC REVIEW
9.		563	POCR0031	SPECTROSCOPIC AND MECHANICAL ASSESSMENT OF MICROPLASTIC PARTICULATES DETACHMENT FROM ORTHODONTIC ALIGNERS AN IN-VITRO STUDY
10.		635	POCR0033	ASSESSING ALIGNER INCINERATION EMISSIONS FOR SUSTAINABLE WASTE MANAGEMENT
11.		980	POCR0035	STAINED ALIGNERS AND THEIR EFFECTIVENESS ON ORTHODONTIC TREATMENT -ONLINE SURVEY
12.		954	POCR0036	UNRAVELING THE KEY FACTORS BEHIND IDEAL TOOTH MOVEMENT IN ORTHODONTICS -A 3D FEM STUDY
13.		623	POCR0044	CLEAR ALIGNERS IN FOCUS THE EFFECTS OF ARTIFICIAL SALIVA AGING ON MECHANICAL AND OPTICAL PROPERTIES
14		1304	POCR0046	MANDIBULAR ADVANCEMENT SURGERY FOR SLEEP APNEA: A PROVEN METHOD

DAY 1	28 <sup>TH</sup> NOVE	MBER 2025	- SESSION 11
		-IVIDEIX EUES	) SESSION II

S NO		REG. NO	CODE	TOPIC
1.		934	POCR0007	BIO-MOLECULAR EVALUATION OF FUNCTIONAL APPLIANCES CONTROVERSIES: PAST, PRESENT & FUTURE
2.		751	POCR0009	EVOLUTION AND ANTHROPOLOGY OF CRANIOFACIAL REGION
3.		989	POCR0013	A NOVEL ORAL BIOADHESIVE FORMULATION INCORPORATED WITH NANO-HYDROXYAPATITE AND ACORUS CALAMUS RHIZOME EXTRACT TO COMBAT WHITE SPOT LESION A RANDOMIZED CONTROLLED TRIAL
4.		531	POCR0014	ORTHODONTIC MANAGEMENT OF DENTAL TRANSPOSITIONS: A SYSTEMATIC REVIEW OF CASE-BASED EVIDENCE
5.		372	POCR0015	COMPARATIVE EVALUATION OF PHYSICAL AND MECHANICAL PROPERTIES IN CLEAR ALIGNER MATERIAL INCORPORATED WITH NANO CLAY AND SILICA-AN IN-VITRO STUDY.
6.		1053	POCR0016	ACTIVATION OF UPSTREAM REGULATORS OF NFKB PATHWAY UNDER DIFFERENT MAGNITUDES OF VIBRATORY MECHANICAL FORCES
7.	09.15 AM	1206	POCR0023	QUANTITATIVE ANALYSIS OF RELEASED SILVER IONS IN TO SALIVA FROM SILVER SOLDER AFTER TWO DIFFERENT FINISHING METHODS: A COMPARATIVE IN VIVO STUDY.
8.	- 11.00 AM	20	POCR0025	TO EVALUATE DENTAL MINERALIZATION STAGES USING ORTHOPANTOGRAM AND SKELETAL MATURATION USING HAND WRIST RADIOGRAPHS DURING PUBERTAL GROWTH PERIOD
9.		672	POCR0029	IMPACT OF COMMON BEVERAGES ON THE COLOR STABILITY OF ESTHETIC ARCHWIRES: A SYSTEMATIC REVIEW
10.		544	POCR0037	COMPARISON OF OROPHARYNGEAL AIRWAY VOLUME CHANGES IN PATIENTS TREATED WITH RIGID AND FLEXIBLE FIXED FUNCTIONAL APPLIANCE USING CBCT
11.		668	POCR0039	ORTHODONTIC BRACKET FAILURE RATE AFTER BONDING WITH AND WITHOUT PRIMER: A SYSTEMATIC REVIEW AND META- ANALYSIS
12.		94	POCR0040	A DIGITALIZED ASSESSMENT OF CEPHALOMETRIC CHANGES INDUCED BY FIXED FUNCTIONAL APPLIANCE THERAPY IN CLASS II PATIENTS
13.		343	POCR0042	COMPARISON OF CHANGES AFTER EN-MASSE RETRACTION WITH SINGLE VERSUS DOUBLE WIRE RETRACTION PROTOCOL: A RANDOMIZED CLINICAL TRIAL
14.		925	POCR0043	INIMICAL EFFECT OF MICRO-ORGANISM ON SHEAR BOND STRENGTH: AN IN-VITRO STUDY
15.		250	POCR0045	EVALUATION AND COMPARISON OF MECHANICAL PROPERTIES AND LOAD DEFLECTION CHARACTERISTICS OF DIFFERENT NICKEL-TITANIUM INITIAL ARCHWIRES

#### DAY 1 (28<sup>TH</sup> NOVEMBER 2025) - SESSION 12

S NO		REG. NO	CODE	TOPIC		
				MOULDING FRAGILE AIRWAY: EVIDENCE-BASED ORTHODONTIC TREATMENT FOR PHARYNGEAL AIRWAY DEVELOPMENT IN		
1.		87	1 0 0110002			
2.		1367		TAD MECHANICS FOR MAXILLARY CANINE IMPACTION		
3.		438	POCR0004	DISTRACTION OSTEOGENESIS		
4.		940	POCR0006	TEMPOROMANDIBULAR DISORDERS: AN INNOVATIVE CHAIRSIDE DIAGNOSTIC AND MANAGEMENT STRATEGY BY AN ORTHODONTIST		
5.		930	POCR0008	ARTIFICIAL INTELLIGENCE (AI) IN ORTHODONTICS		
6.		381	POCR0010	ANALYTICAL EVALUATION OF IMPROVEMENT IN APNEA-HYPOPNEA INDEX USING VARIOUS MANDIBULAR ADVANCEMENT APPLIANCES WITH OR WITHOUT MAXILLARY EXPANSION FOR THE MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA IN GROWING INDIVIDUALS		
7.		1516	POCR0011	BEYOND THE DIGITAL SMILE: A REALITY CHECK OF VIRTUAL SIMULATION SOFTWARE IN ORTHODONTIC FORECASTING AND PATIENTCLINICIAN SATISFACTION: A CROSS SECTIONAL SURVEY		
8.	12.15 PM	300	POCR0017	'UPWARD IMPACT-TADS OR VPCC"		
9.	02.45 PM	1336	POCR0018	ORTHODONTIC MARKETING ON INSTAGRAM: A THEMATIC CONTENT ANALYSIS OF AESTHETIC TRENDS, ENGAGEMENT PATTERNS, AND INFLUENCER STRATEGIES		
10.		1128	POCR0019	IMPACT OF TWIN BLOCK THERAPY ON SMILE DYNAMICS IN CLASS II DIVISION 1 MALOCCLUSION A PROSPECTIVE STUDY		
11.		1002	POCR0020	EVALUATION OF FACIAL ASYMMETRY, ITS PERCEPTION IN SUBDIVISION MALOCCLUSION AND ITS CORRELATION WITH OROFACIAL HABITS		
12.		428	POCR0027	EVALUATION OF DEHISCENCE & BUCCAL BONE THICKNESS AFTER RAPID MAXILLARY EXPANSION IN CLEFT LIP&PALATE USING CONE BASED COMPUTER TOMOGRAPHY SCANNING		
13.		461	POCR0032	LIGHTS, FIBRIN, ACTION: ACCELERATING CANINE RETRACTION THE SYNERGISTIC WAY		
14.		669	POCR0034	ACCURACY AND RELIABILITY OF WEBCEPH ON POSTEROANTERIOR CEPHALOGRAM-A RETROSPECTIVE STUDY		
15		592	POCR0038	EVALUATING THE OUTCOME OF DMIMS MODIFIED AETCOM MODULE FOR TRAINING THE UNDERGRADUATE IN CONATIVE DOMAIN		



# 59th INDIAN ORTHODONTIC CONFERENCE 2025



**ALIGN SMILES - TRANSFORM LIVES** 



28th TO 30th NOVEMBER, 2025



**RADISSON BLU RESORT, VISAKHAPATNAM** 

#### **Competitive Table Clinic Presentation Code - DAY 1 (28TH NOVEMBER 2025)**

SNO	TIME	Reg No	Code	Title		
1.	09.30 AM - 09.40AM	97	TC001	Self-Adjustable Orthodontic Headgear: A clinic-based innovation for improved compliance and force control		
2.	09.40 AM - 09.50AM	111	TC002	SAARTHI A Smart Assistant for Appliance Reminders and Treatment History Interface: A Step Toward Technology- Driven Orthodontic Compliance		
3.	09.50 AM -10.00AM	167	TC003	Cantilevers and their applications in orthodontics		
4.	10.00 AM -10.10 AM	217	TC004	Luxury Redefined: Faster, Smarter Chairside Care		
5.	10.10 AM -10.20AM	228	TC005	Demonstrating Headgear biomechanics principles and practice		
6.	10.20 AM-10.30 AM	416	TC006	Where Science Meets Aesthetics: A Smile Revolution in Orthodontics		
7.	10.30 AM -10.40AM	525	TC007	Expanding the Horizon: The MSE Era in diverse treatment approaches		
	11.00AM – 12.00 PM ORATION					
8.	12.20 PM -12.30PM	596	TC008	"Smart Strip – Catch Plastic" A Novel Paper-Based Fluorescent Sensor for Salivary Microplastic Detection with		
				Smartphone Imaging.		
9.	12.30 PM -12.40PM	752	TC0010	Multi Height Orthodontic Bracket Positioner		
10.	12.40 PM -12.50 PM	810	TC0011	Expanding the Horizon: The MSE Era in diverse treatment approaches		
11.	12.50 PM - 01.00PM	917	TC0012	A Splint for Correcting Disharmony in a Maxilla thereof		
12.	01.00 PM - 01.10PM	951	TC0013	3D- Printed In-House Palatal Expander: A Biomechanical Approach		
13.	01.10 PM - 01.20 PM	1101	TC0014	"Bioplastics, 4Ds & Take-Backs: The Future of Green Orthodontics"		
14.	01.20 PM -1.30 PM	1257	TC0015	"Less Graft, More Craft" - A New Take on Alveolar Cleft Closure		

## DAY – 2, 29<sup>th</sup> NOVEMBER, 2025

#### Dr. K. GANGADHARA PRASAD Hall

DI. K. GANGADHANA FNASAD Hall					
SESSION/ THEME	TIME	SPEAKER	TOPIC		
GUEST LECTURE	08:00 AM - 08:30 AM	DR. MUNISH REDDY	Genetics or Environment? It's role in Malocclusion: A Continuing Debate		
NATIONAL KEYNOTE	08:30 AM - 09:00 AM	DR. KELUSKAR K M	"Evolving Smiles: Technology's Impact on Orthodontics Over Time"		
09:00 AM - 10:00 AM	\$ =	AGM			
NATIONAL KEYNOTE	10:15 AM - 11:00 AM	DR. RAKESH MALHOTRA	Market Dynamics and the Transformation of Orthodontic Practice: A Clinical Perspective of Four Decades		
VASAVI MEMORIAL ORATION	11:00 AM - 12:00 PM	DR. MAJ GEN B. JAYAN	WORLDOF MILITARY ORTHODONTICS		
INTERNATIONAL KEYNOTE	12:00 PM - 12:40 PM	DR. NANDAKUMAR JANAKIRAMAN	Healing from Within: Innovations in Autotransplantation		
INTERNATIONAL KEYNOTE	12:40 PM – 01:30 PM	DR. SOMCHAI SATRAVAHA	Complexity of Class III Treatment		
INTERNATIONAL KEYNOTE	1:30 PM – 2:20 PM	DR. JOHNNY LIAW	Vertical control revisited in extreme hyperdivergent and hypodivergent patients		
02:30 PM ONWARDS		AGM			

	DAY – 2 Dr. U.S. KRISHNA NAYAK Hall						
SESSION/ THEME	TIME	SPEAKER	TOPIC				
GUEST LECTURE	08:30 AM - 09:00 AM	DR. TARULATHA R SHYAGALI	Synergistic Craniofacial Effects of Bone-Anchored Maxillary Protraction (BAMP) with and without Rapid Maxillary Expansion (RME) and Posterior Bite Plane in Class III Malocclusion – A Comparative Study				
09:00 AM - 10:00AM	7	AGM					
INTERNATIONAL KEYNOTE	10:00 AM - 11:00 AM	DR. DANIELA GARBO	Orthodontic treatment of complex cases in patients with Periodontal problems				
VASAVI MEMORIAL ORATION	11:00AM - 12:00 PM	DR. MAJ GEN B. JAYAN	Dr. K. GANGADHARA PRASAD Hall				
NATIONAL KEYNOTE	12:00 PM - 12:45 PM	DR. ALKA BANKER	Torque Smarter, Not Harder - Better Results with the Batr Bracket!				
NATIONAL KEYNOTE	12:45 PM - 01:30 PM	DR. BALAJI KRISHNAN	Programmable Polymers- Bridging Al Design and Shape Memory Resin				
NATIONAL KEYNOTE	01:30 PM - 02:15 PM	DR. VIKAS SEHGAL	OCCLUSAL PLANE CONTROL USING DIRECTIONAL FORCE MECHANICS				
02:30 PM ONWARDS	0	AGM					

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		DAY – 2	
		SARADA Hall	
SESSION/ THEME	TIME	SPEAKER	TOPIC
GUEST SPEAKER	08:00 AM - 08:30 AM	DR. NAVEEN KARNAM	Orthodontics as a Business: Merging clinical excellence with strategic growth
GUEST SPEAKER	08:30 AM - 09:00 AM	DR. SARVRAJ KOHLI	Analyzing Dentoskeletal Effects of Aesthetic Twin Blocks Versus Conventional Acrylic Twin Blocks.
9:00 AM-10:00AM	ORIL	AG	M
GUEST SPEAKER	10:00 AM - 10:30 AM	DR. NEAL KEDIA	Anchorage, Aesthetics and Adaptation: The Modern Orthodontist's Toolkit
GUEST SPEAKER	10:30 AM - 11:00 AM	DR. SUNITHA C	IPR under the lens: Surface Roughness, Risks and Rewards
VASAVI MEMORIAL ORATION	11:00 AM - 12:00 PM	DR. MAJ GEN B. JAYAN	Dr. K. GANGADHARA PRASAD Hall
RISING STAR	12:00 PM - 12:20 PM	DR. DEEPAK VICTOR	"Complex Smiles, Clear Solutions" – Aligner biomechanics for challenging tooth movements
RISING STAR	12:20 PM - 12:40 PM	DR. RAGHU DEVANNA	Clinical Management and Outcomes of Impacted Canines in orthodontics: A Case Series
GUEST LECTURE	12:40 PM - 01:10 PM	DR. AMESH KR GOLWARA	Functional to Surgical: Orthodontic Wayout
GUEST LECTURE	01:10 PM - 01:40 PM	DR. SHAFEES KOYA	Orthodontic Management in Clefts: How Different is Unilateral from Bilateral?
GUEST LECTURE	01:40 PM - 2:10 PM	DR. KHYATI PATEL	Orthodontics and the Airway: Evidence- Based Approaches to OSA and Expansion
02:30PM ONWARDS	SMILE	AGM	

		DAY – 2 SARAYU HALL	
SESSION/ THEME	TIME	SPEAKER	TOPIC
NATIONAL KEYNOTE	08:00 AM - 08:30 AM	DR. HEMANTH M	Approaches to the Management of Class III Malocclusion
GUEST LECTURE	08:30 AM - 09:00 AM	DR. SANJEEV VERMA	Anterior Maxillary Distraction an Orthodontic Perspective
9:00 AM - 10:00AM	The state of the s	AGM	
GUEST LECTURE	10:00 AM - 10:30 AM	DR. ROHIT KULSHRESHTA	Management of Complex Cases with Clear Aligners
GUEST LECTURE	10:30 AM - 11:00 AM	DR. DHRUV YADAV	D.P.A over T.F.A - Clinical Cases
VASAVI MEMORIAL ORATION	11:00 AM - 12:00 PM	DR. MAJ GEN B. JAYAN	Dr. K. GANGADHARA PRASAD Hall
GUEST LECTURE	12:00 PM - 12:30 PM	DR. HEEMANSHU DAVE	Orthognathic treatment in Cleft patients- Planning, Concepts and Challenges
GUEST LECTURE	12:30 PM - 1:00 PM	DR. PINTSO LEPCHA	Beyond Extraction: A deep dive in to a classic molar distalization (Case Report).
GUEST LECTURE	1:00 PM - 1:30 PM	DR. UMAL HIRALAL DOSHI	Orthodontic Camouflage f Sagittal Malocclusion: What are the limits?
GUEST LECTURE	1:30 PM - 2:00 PM	DR. MAHESH JAIN	Harmonizing faces – Interdisciplinary management of skeletal malocclusions
02:30 PM ONWARDS		AGM	

	т	DAY - 2 HANDAVAHALL	
SESSION/ THEME	TIME	SPEAKER	TOPIC
GUEST LECTURE	08:00 AM - 08:30 AM	DR. CHANDRIKA SAROVAR KATTI	Clear Aligner Attachments.
GUEST LECTURE	08:30 AM - 09:00 AM	DR.SIDDHARTH SONWANE	Biological Acceleration in Orthodontics: Clinical Insights from Zinc Phosphate and Ayurvedic Medicine (Asthi Srunkhala) with and without Micro-Osteoperforations
09:00 AM - 10:00AM	RILL	AGM	C
RISING STAR	10:00 AM – 10: 20 AM	DR. YASODIPTA SUBHADARSHINI	Assessment And Comparison of Bone Remodeling Activity and Pain In Conventional and Self-Ligating Brackets
RISING STAR	10:20 AM – 10:40 AM	DR. S J SIDDARDHA	Temporary Anchoraging Devices
RISING STAR	10:40 AM – 11: 00 AM	DR. SAMIRKUMAR BATRA	Clinical Duty or Competitive Edge? Ethical Decision-Making for Aligners vs Fixed Appliances
VASAVI MEMORIAL ORATION	11:00 AM - 12:00 PM	DR. MAJGEN B. JAYAN	Dr. K. GANGADHARA PRASAD Hall
RISING STAR	12:00 PM - 12:20 PM	DR.ANURADHA PANDEY	"Beyond Braces: Decoding the Power of Infrazygomatic Crest and Buccal Shelf Implants in Orthodontics"
RISING STAR	12:20 PM - 12:40 PM	DR. MAJOR AMIT	Beyond the Midline: Unbalanced Faces and Unified Approaches in Facial Asymmetry and Airway Considerations
GUEST SPEAKER	12:40 PM – 01:10 PM	DR.DHAVAL SOMANI	Mastering Complex Extraction Cases with Aligners: From Challenges to Predictable Outcomes
RISING STAR	01:10 PM - 01:30 PM	DR. AKHIL AGARWAL	Asymmetric Extractions in Orthodontics: A Strategic Approach
RISING STAR	01:30 PM - 01:50 PM	DR. SWATI SHARMA	Precision, Possibilities and Pitfalls
RISING STAR	01:50 PM - 02:10 PM	DR. ARAVINTH RAJKUMAR GOVINDRAJ	The DSA Cascade: Correlating TMD with Airway Volume and Dimensions
02:30 PM ONWARDS		AGN	1

DAY – 2 GOSTHANI Hall							
SESSION / THEME	TIME	SPEAKER	TOPIC				
RISING STAR	01:00 PM - 01:20AM	DR. ABIRAMI R	Lessons from the Learning Curve: Exploring Early Feasibility of In-house Direct 3D Printed Aligners				
RISING STAR	01:20 PM - 1:40 PM	DR. GOVIND RAGHUNATH SURYAWANSHI	How to Write a Scientific Research Paper for Publication in Orthodontic and Other journals				
RISING STAR	1:40 PM - 2:00 PM	DR. S VEERASANKAR	From Atoms to Aligners: The Emerging Science of Nanodontics				

DAY – 2 VARAHA Hall							
SESSION / THEME	TIME	SPEAKER	TOPIC				
RISING STAR	01:00 PM - 01:20AM	DR. SANGEETHA M G	Tiny Mouths, Big Challenges: Blending Tech and Tenderness in Cleft Care 2.0				
GUEST LECTURE	01:20 PM - 1:50 PM	DR. SUBRAMANYA SHETTY	Neuromuscular Orthodontics				
RISING STAR	1:50 PM - 2:10 PM	DR. MUKESH KUMAR	Innovative Approaches to Biosafety Testing Utilizing Premolar-Derived Stem Cells				

	Competitive Paper CLINICAL INNOVATION - DAY 2 (29 <sup>th</sup> November 2025) - SESSION 7 (GOSTHANI HALL)					
S.NO	TIME	Reg No.	Code	Title		
1	09:30 AM - 09:40 AM	541	PCCI0001	LESS TIME, MORE SMILE A CASE BASED INSIGHT WITH NEW GENERATION HYPER ELASTIC ALIGNERS		
2	09:40 AM - 09:50 AM	1465	PCCI0002	From Force to Finesse: An Innovative Intrusion Arch		
3	09:50 AM - 10:00 AM	1396	PCCI0003	Buccally Placed Jig-Supported Molar Distalization with TADs: A Versatile Segmental Approach for Adolescents and Adults		
4	10:00 AM - 10:10 AM	180	PCCI0004	Orthodontic Management of Maxillary Canine First Premolar Complete Transposition Using Transposed Canine Drive Appliance: A Novel Approach.		
5	10:10 AM – 10:20 AM	1077	PCCI0005	Open Coil Placer: An Innovation		
6	10:20 AM – 10:30 AM	1026	PCCI0006	BruxSense: Progressive Development of a Feasible Multi-Sensor Wearable for Acoustic and EMG-Based Monitoring of Sleep Bruxism in Orthodontic Patients		
7	10:30 AM – 10:40 AM	134	PCCI0007	Decoding Obstructive Sleep Apnea (OSA) in Pediatric Patient by Adenotonsillectomy its Hype or Hope?		
8	10:40 AM – 10:50 AM	1121	PCCI0008	Modified S Shape Ring: A Chairside Innovation for Reactivating NiTi Open Coil Springs		
9	10:50 AM – 11:00 AM	1069	PCCI0009	Portable Orthodontic Arch Wire Cutter		
	11:00 AM – 12:00 PM			ORATION		
10	12:10 PM – 12:20 PM	513	PCCI0010	A Novel open-source software workflow for Virtual orthogonathic-surgical planning and CAD-3D printed splint fabrication for patients with dentofacial deformities.		
11	12:20 PM – 12:30 PM	830	PCCI0011	Aligners, Algorithms & Aesthetics: The Avant-Garde Evolution of Modern Orthodontics		
12	12:30 PM – 12:40 PM	298	PCCI0012	CLIP-ON TEETH: A Clinical technique to position Orthodontic retainer wire.		
13	12:40 PM – 12:50 PM	126	PCCI0013	Root-Crown Ratio: A Novel Method for Measurement of Orthodontic External Apical Root Resorption		
14	12:50 PM – 01:00 PM	319	PCCI0014	Evaluating the Accuracy and Reliability of a Novel Digital Tool for Performing Clinical Orthodontic Measurements and Space Analysis with 2D-Based Arch Visualization on 3D Dental Models		

#### Competitive Paper CLINICAL INNOVATION - DAY 2 (29<sup>th</sup> November 2025) - SESSION 8 (VARAHA HALL)

S.NO	TIME	Reg No.	Code	Title	
1	09:30 AM - 09:40 AM	949	PCCI0015	"The VPS Spring- An innovative and efficient biomechanical approach in management of the Maxillary Canine - Premolar Transposition ".	
2	09:40 AM - 09:50 AM	99	PCCI0016	Tongue pressure: An Unsung Component while screening obstructive sleep apnea.	
3	09:50 AM - 10:00 AM	787	PCCI0017	Fusion Align: Where Invisible Orthodontics Meets IZC Excellence	
4	10:00 AM - 10:10 AM	643	PCCI0018	Comparative Evaluation of dentoalveolar distraction device for surgically assisted rapid maxillary canine retraction.	
5	10:10 AM – 10:20 AM	761	PCCI0019	A novel self-retentive obturator: Overcoming feeding challenges in infants with cleft palate	
6	10:20 AM – 10:30 AM	691	PCCI0020	Development and use of PVAS Device (new device) to measure the variation in oro-nasal breathing pressure, volume and airflow velocity in patients with retrognathic mandible.	
7	10:30 AM – 10:40 AM	108	PCCI0021	Breaking the Vertical Barrier: Innovative approach to manage a Class II Open Bite	
8	10:40 AM – 10:50 AM	1431	PCCI0022	REDEFINING MAXILLARY PROTRACTION WITH IMPLANT-ASSISTED ORTHOPEDICS: AN ANCHORING INNOVATION	
9	10:50 AM – 11:00 AM	1262	PCCI0023	GREEN ORTHODONTICS: A NOVEL STRATEGY FOR SUSTAINABLE BIODEGRADATION OF CLEAR ALIGNERS	
	11:00 AM – 12:00 PM			ORATION	
10	12:10 PM – 12:20 PM	1261	PCCI0024	Evaluation of Enamel Surface Integrity Adjacent to Orthodontic Aligner Attachments Using a Novel Plant-Derived Remineralising Agent: An In- Vivo Study	
11	12:20 PM – 12:30 PM	TR8776	PCCI0025	Unlocking New Frontiers in Biosafety Evaluation Using Premolar-Derived Stem Cells.	
12	12:30 PM – 12:40 PM	18	PCCI0026	Enhancing the Efficacy of Micro-Osteoperforations (MOPs) to Accelerate Orthodontic Tooth Movement: A Modified Protocol	
13	12:40 PM – 12:50 PM	996	PCCI0027	RATE AND DENTOALVEOLAR CHANGES AFTER MANDIBULAR MOLAR PROTRACTION USING V-BEND MECHANICS	

DAY – 2 SARASWATHI Hall						
SESSION / THEME	TIME	SPEAKER	TOPIC			
RISING STAR	09:00 AM - 09:20AM	DR. CH MEHER VINEESHA	Redefining Orthodontics with Digital Twins			
RISING STAR	09:20 AM - 9:40 AM	DR. BALAVENKATA BHARATHI CH	Marketing Vs Science: Evaluating Evidence Transparency in the Indian Orthodontic Market.			
RISING STAR	9:40 AM - 10:00 AM	DR. CHANDRA SEKAR SASTRY	Beyond the Lock: Does Self Ligation Really Deliver? – Promise vs Performance			
RISING STAR	10:00 AM - 10:20 AM	DR. APURBA GUPTA	From Film to Future: Accuracy of Cone Beam Computed Tomography versus Conventional radiographs in assessment of Gonial Angle: A cross-sectional study			
RISING STAR	10:20 AM - 10:40 AM	DR. CHETAN KUMAR	Ethical Ways to Improve Research in Orthodontics and How to Incorporate Digital Tools to Enhance Clinical Practice and Daily Productivity			

## DAY – 3, 30<sup>th</sup> NOVEMBER, 2025

#### Dr. K. GANGADHARA PRASAD Hall

Dr. K. GANGADHARA PRASAD Hall						
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	08:15 AM - 08:45 AM	DR.KIRAN KUMAR PERUMALLA	Effective Torque in Commercially Available Pre-Adjusted Edgewise Systems			
NATIONAL KEYNOTE	08:45 AM - 09:30 AM	DR. SUMITRA REDDY	An Innovative Approach to MARPE for Effective Management of Trans-sagittal Maxillary Deficiency			
GUEST KEYNOTE	09:30 AM - 10:00 AM	DR. TARUN SHARMA	Clinical Photography and the Cell Phone: A reality check			
NATIONAL KEYNOTE	10:15 AM - 11:00 AM	DR. ASHISH GARG	Redefining Lives by Rebuilding Smiles: Restoring harmony by The Orthodontic, Surgical and Prosthodontic Rehabilitation in Comprehensive Cleft Care.			
DR. SURENDRA SHETTY ORATION	11:00 AM - 12:00 PM	DR. TULIKA TRIPATHI	The Class III Puzzle: Diagnosing, Planning, and Solving Effectively			
NATIONAL KEYNOTE	12:00 PM - 12:45 PM	DR. SRIDEVI PADMANABHAN	Biocompatibility of clear Aligner therapy			
NATIONAL KEYNOTE	12:45 PM - 01:30 PM	DR.MURUKESAN SUBRAMANIAN	Management of Craniofacial deformities- An overview			
GUEST LECTURE	01:30 PM - 02:00 PM	DR. VENKATESWAR RAO AMBEKAR	"Cracking the Tough Ones: Solving Difficult Orthodontic Cases"			
GUEST LECTURE	02:00 PM - 02:30 PM	DR. ARUN KUMAR DASARI	"Mandibular Reawakening: A Strategic Combination of Gap Arthroplasty, DO, and Orthodontics in TMJ Ankylosis"			
GUEST LECTURE	02:30 PM - 03:00 PM	DR. ANOOSHA MANDA	Embracing Digital Technologies in Pediatric Dental Care			

DAY-3				
Dr. U.S. KRISHNA NAYAK Hall				

Dr. U.S. KRISHNA NAYAK Hall						
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	08:00 AM - 08:30 AM	DR. VINEETH VARDHARAJAN THUNDUKATTIL	Bridging The Gap Between Virtual Setup and Clinical Outcome: Insights into Aligner Non- Tracking			
GUEST LECTURE	08:30 AM - 09:00 AM	DR. ANJALI GHEWARE	Cleft lip and palate treatment: Orthodontic and Distraction Osteogenesis Synergy			
GUEST LECTURE	09:00 AM - 09:30 AM	DR. SUNIL KUMAR NAGMODE	Digital planning for Surgical Orthodontics			
NATIONAL KEYNOTE	09:30 AM - 10:15 AM	DR. ELBE PETER	Clear Aligners: Loud Claims & Quiet Evidence			
GUEST LECTURE	10:15 AM - 10:45 AM	DR. DHARMADEEP G	Decoding Lingual Biomechanics: From Concepts to Clinical Reality			
DR. SURENDRA SHETTY ORATION	11:00 AM - 12:00 PM	DR. TULIKA TRIPATHI	Dr. K. GANGADHARA PRASAD Hall			
NATIONAL KEYNOTE	12:00 PM - 12:45 PM	DR. PRADEEP RAGHAV	Redefining Fixed Functional Mechanics: Clinical Success with the Self Designed RS Fixed Functional Appliance.			
NATIONAL KEYNOTE	12:45 PM - 01:30 PM	DR. SHENDRE SHRIKANTH	Face Driven Orthodontics with Damon Passive Self Ligation			
GUEST LECTURE	01:30 PM - 02:00 PM	DR. M SUNIL KUMAR	Finite Element Analysis of the Biomechanical aspects of molar distalization using clear aligners in adjunct with micro implant s for anchorage reinforcement in the Infra Zygomatic Crest.			
GUEST LECTURE	02:00 PM - 02:30 PM	DR. POORNIMA JNANESHWAR	Biomechanics of IZC and Buccal Shelf Implants for the Correction of Class II and III Malocclusions			
GUEST LECTURE	02:30 PM - 03:00 PM	DR. NAVYA PUVVULA	Temporal Management in Orthodontics: Redefining the Window of Treatment Opportunity			

DAY – 3						
SARADA Hall						
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	08:00 AM - 08:30 AM	DR. PRADEEP K	Accuracy of Guided IZC Screw Positioning Using Dynamic Navigation in Orthodontic Patients – An Original Research			
GUEST LECTURE	08:30 AM - 09:00 AM	DR. VINCY ANTONY	Biomarker-Based Diagnostics: A New Frontier in Detecting Orthodontic Root Resorption			
RISING STAR	09:00 AM - 09:20 AM	DR. AVICHAL S SODHI	Biocompatibility and Hydrolytic Stability of 3-D-Printed Shape- Memory Polymer Aligners: A Laboratory–Clinical Correlation Study			
RISING STAR	09:20 AM - 09:40 AM	DR. T ABINAYA	IMPACT 2D Index -Treatment difficulty assessment of maxillary impacted canines			
GUEST LECTURE	09:40 AM - 10:00 AM	DR. PARTHA PRATIM CHOUDHURY	The enigma of Open bite: hard to close, harder to retain			
GUEST LECTURE	10:00 AM - 10:30 AM	DR. ROSHAN M SAGARKAR	Pharyngeal Airway Dimensions Across Skeletal Classes: A Comprehensive Evidence Based Perspective in Orthodontic Practice			
GUEST LECTURE	10:30 AM - 11:00 AM	DR. S D MILLINGTANIA	Rewriting the Prognathic Profile: Orthodontic Approaches to Class III			
DR. SURENDRA SHETTY ORATION	11:00 AM - 12:00 PM	DR. TULIKA TRIPATHI	Dr. K. GANGADHARA PRASAD Hall			
GUEST LECTURE	12:00 PM - 12:30 PM	DR. SUMANTH KUMAR	Pacer Does It Really Pace - What Evidence Says			
RISING STAR	12:30 PM - 01:00 PM	DR. BHARGAV RAYALA	Function over form: The True Purpose of Orthodontic Therapy			
GUEST LECTURE	01:00 PM - 01:30 PM	DR. HARSH MISHRA	Clinical Application of Virtual Surgical Planning in Orthognathic Surgery for Cleft Lip and Palate Patients — A Case Series			
GUEST LECTURE	01:30 PM - 02:00 PM	DR. ANAND GARABADU	Fuse and Use Conventional and Aligner joint Orthodontic Therapy			
GUEST LECTURE	02:00 PM - 02:30 PM	DR. MAHANTESH CHINAGUNDI	Align Smile & Transform Lives By using Digital, Align technology & its marketing strategies – A Perspective			
GUEST LECTURE	02:30 PM - 03:00 PM	DR. RAHUL D	Precision Expansion: Clinical Pearls for Predictable MARPE outcomes			

DAY – 3 SARAYU HALL						
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	08:00 AM - 08:30 AM	DR. RAKESH MOHODE	Orthodontics in the Realm of TMD (Temporomandibular Disorder)			
GUEST LECTURE	08:30 AM - 09:00 AM	DR. STUTI MOHAN	Aligning with Nature: The Rise of Green Orthodontics			
RISING STAR	09:00 AM - 09:20 AM	DR. KASTURI MUKHERJEE	Impacted or Ectopic Maxillary Canines and central incisor with their Varied Treatment Approach			
RISING STAR	09:20 AM - 09:40 AM	DR. ABHIMANYU ROHMETRA	While They Sleep: How Orthodontists Can Change the Way Patients Breathe			
RISING STAR	09:40 AM - 10:00 AM	DR. POOJA HARISH	Class III camouflage TWO ways: Diagnosis v/s Technique			
GUEST LECTURE	10:00 AM - 10:30 AM	DR. PONNADA B V N SWARUPA RANI	Expanding Horizons with Marpe – Bridging the Gap Between Conventional and Surgical Palatal Expansion			
GUEST LECTURE	10:30 AM - 11:00 AM	DR. SHAHISTA PARVEEN	Beyond Expansion: Clinical Journey with MARPE			
DR. SURENDRA SHETTY ORATION	11:00 AM - 12:00 PM	DR. TULIKA TRIPATHI	Dr. K. GANGADHARA PRASAD Hall			
GUEST LECTURE	12:00 PM - 12:30 PM	DR. NEHA	The roadmap in Cleft Orthodontics- A step by step guide			
GUEST LECTURE	01:00 PM - 01:30 PM	DR. DIVYAROOP RAI	Extraction management with Aligners: The Advanced Playbook			
GUEST LECTURE	01:30 PM – 02:00 PM	DR. RANJITH KUMAR MANNE	From Brackets to Aligners: Next- Generation Orthodontic Surfaces with Metal Oxide Nano coatings for Enhanced Antimicrobial and Cytotoxic Performance			
RISING STAR	02:00 PM – 02:20 PM	DR. K V SUJAN KUMAR	From Deep bite to Delight – The Aligner Way			
RISING STAR	02:20 PM - 02:40 PM	DR. ABRAR YOUNUS A	Beyond Extraction": Tackling Bimax Protrusion with Dual Skeletal Anchorage			
RISING STAR	02:40 PM - 03:00 PM	DR. UDHAYAN A	Clear Aligner Trimline – What Should We Choose?			
GUEST LECTURE	03:00 PM – 03:30 PM	DR. FAISAL ARSHAD	Complex Orthodontics Simplified			

DAY – 3 THANDAVAHALL						
SESSION/ THEME	TIME	SPEAKER	TOPIC			
GUEST LECTURE	08:30 AM - 09:00 AM	DR. RAJ KUMAR VERMA	3D Digital Planning for Interdisciplinary Management of Post Trauma Patients			
GUEST LECTURE	09:00 AM – 09:30 AM	DR.SURYAKANTH POWAR	Beyond the Bite: 3D Insights into Facial Soft Tissue Changes After Twin Block appliance therapy			
GUEST LECTURE	09:30 AM – 10:00 AM	DR. SHARANYA SABRISH	Strategies for Management of Hypodontia and Impactions- A clinician's guide			
GUEST LECTURE	10:00 AM – 10:30 AM	DR. PRABHAKAR K	Title "Virtual Surgical Planning Demystified: Clinical Insights and Practical Takeaways"			
GUEST LECTURE	10:30 AM – 11:00 AM	DR. EJAZ ANWAR	Non-Surgical Management of Skeletal Class III Malocclusion using TADs and MARPE			
DR. SURENDRA SHETTYORATION	11:00 AM – 12:00 PM	DR. TULIKA TRIPATHI	Dr. K. GANGADHARA PRASAD Hall			
GUEST LECTURE	12:00 PM – 12:30 PM	DR. CHAKRAPANI NIMMAGADDA	Current and Emerging Treatment Modalities for Skeletal Class II Malocclusion: A Comprehensive Overview			
GUEST LECTURE	12:30 PM - 01:00 PM	DR. SANDEEP SINGH	3D Print Your Profit: The Strategic Shift to In-House Aligners			
GUEST LECTURE	01:00 PM - 01:30 PM	DR. G VIVEK REDDY	Maxillary Distraction Using a HYRAX- type Expander in Patients with Cleft Lip and Palate.			
GUEST LECTURE	01 :30 PM – 02:00 PM	DR. NIVEDITA SAHOO	Reconstructing Reality: The Leap from 2D Cephalometry to 3D Surgical Simulation			

#### DAY – 3 GOSTHANIHALL

SESSION/ THEME	TIME	SPEAKER	TOPIC
RISING STAR	09:00 AM - 09:20 AM	DR. THIRUMAL NAIK	From Complexity to Simplicity: Izc Implant as a Game- Changer In Class II Management
RISING STAR	09:20 AM - 09:40 AM	DR. CHANDRA MOHAN	Clinical Troubleshooting in In-House Clear Aligner Therapy: Lessons from a Digital Orthodontic Lab
RISING STAR	09:40 AM – 10:00 AM	DR. CHARAN TEJA	Art of Axis Alignment (AAA)
RISING STAR	10:00 AM – 10:20 AM	DR. KRISHNENDU CHATTERJEE	Beyond Orthodontics: The Orthodontist's Role in Building and Leading a Comprehensive Cleft Care Centre
RISING STAR	10:20 AM – 10:40 AM	DR. HEMAMALINI	The Plastic Smile Paradox: Insights into Microplastic Release from Clear Aligners
RISING STAR	10:40 AM – 11:00 AM	DR. T. SRI SANTOSH	Aligning Smiles, Transforming Lives - A Case Series on Clear Aligner Therapy Outcomes
DR. SURENDRA SHETTY ORATION	11:00 AM – 12:00 PM	DR. TULIKA TRIPATHI	Dr. K. GANGADHARA PRASAD Hall
RISING STAR	12:00 PM – 12:20 PM	DR. ABHISHEK KSHETRAPAL	Facecraft Orthodontics
RISING STAR	12:20 PM – 12:40 PM	DR. SNIGDHA GOUD	Bridging the Digital Divide: Integrating Aligners into Everyday Orthodontic Practice.
RISING STAR	12:40 PM - 01:00 PM	DR. EKTA LAHOTI	Interdisciplinary approach in Orthodontics for optimum treatment results
RISING STAR	01:00 PM - 01:20 PM	DR.SACHIN S. KAKODKAR	Surgical Orthodontics to remedy severe Class III dysplasia with chin deviation – a case report
RISING STAR	01:20 PM - 01:40 PM	DR. ROSALINE TINA	Difficult tooth movement with aligner therapy made easy
RISING STAR	01:40 PM - 02:00 PM	DR. RAHULGOUD PADALA	Strategic Case Selection in Orthodontics: Balancing Biomechanics, Esthetics and Compliance